

MASTER SYLLABUS

Course Discipline Code & No: YOG 102 Title: Yoga II Effective Term WI 2010
 Division Code: HSS Department Code: PERD Org #: 11640
 Don't publish: College Catalog Time Schedule Web Page

Reason for Submission. Check all that apply.
 New course approval Reactivation of inactive course
 Three-year syllabus review/Assessment report Inactivation (Submit this page only.)
 Course change

Change information: Note all changes that are being made. Form applies only to changes noted.

Consultation with all departments affected by this course is required. Total Contact Hours (total contact hours were: _____)
 Course discipline code & number (was _____)* Distribution of contact hours (contact hours were:
 *Must submit inactivation form for previous course. lecture: 30 lab _____ clinical _____ other _____)
 Course title (was Philosophy & Practice of Yoga) Pre-requisite, co-requisite, or enrollment restrictions
 Course description Change in Grading Method
 Course objectives (minor changes) Outcomes/Assessment
 Credit hours (credits were: _____) Objectives/Evaluation
 Other _____

Rationale for course or course change. Attach course assessment report for existing courses that are being changed.
 Minor changes as the course has developed.

Approvals Department and divisional signatures indicate that all departments affected by the course have been consulted.

Department Review by Chairperson New resources needed All relevant departments consulted

Print: Laurice Anderson Signature Laurice A. Anderson Date: 8/4/09
 Faculty/Preparer

Print: Tracy Komarny Signature Tracy Komarny Date: 8.5.09
 Department Chair

Division Review by Dean
 Request for conditional approval
 Recommendation Yes No [Signature] Date: AUG 21 2009
 Dean's/Administrator's Signature

Curriculum Committee Review
 Recommendation Tabled Yes No [Signature] Date: 1/5/10
 Curriculum Committee Chair's Signature

Vice President for Instruction Approval
[Signature] Date: Jan. 14, 2010
 Vice President's Signature

Approval Yes No Conditional

Do not write in shaded area.
 Entered in: Banner C&A Database Log File 8/25/09 Basic skills spreadsheet updated Contact fee

Please return completed form to the Office of Curriculum & Assessment.

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***Complete ALL sections which apply to the course, even if changes are not being made.**

Course: YOG 102	Course title: Yoga II
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Credit hours: 2 If variable credit, give range: _____ to _____ credits	Contact hours per semester: <table style="width:100%; border-collapse: collapse;"> <tr> <td></td> <td style="text-align: center; border-bottom: 1px solid black;">Student</td> <td style="text-align: center; border-bottom: 1px solid black;">Instructor</td> </tr> <tr> <td>Lecture:</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>Lab:</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>Clinical:</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>Practicum:</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>Other:</td> <td style="text-align: center;">_30_</td> <td style="text-align: center;">_30_</td> </tr> <tr> <td>Totals:</td> <td style="text-align: center;">_30_</td> <td style="text-align: center;">_30_</td> </tr> </table>		Student	Instructor	Lecture:	_____	_____	Lab:	_____	_____	Clinical:	_____	_____	Practicum:	_____	_____	Other:	_30_	_30_	Totals:	_30_	_30_	Are lectures, labs, or clinicals offered as separate sections? <input type="checkbox"/> Yes - lectures, labs, or clinicals are offered in separate sections <input checked="" type="checkbox"/> No - lectures, labs, or clinicals are offered in the same section	Grading options: <input type="checkbox"/> P/NP (limited to clinical & practica) <input type="checkbox"/> S/U (for courses numbered below 100) <input checked="" type="checkbox"/> Letter grades
	Student	Instructor																						
Lecture:	_____	_____																						
Lab:	_____	_____																						
Clinical:	_____	_____																						
Practicum:	_____	_____																						
Other:	_30_	_30_																						
Totals:	_30_	_30_																						

Prerequisites. Select one:

- College-level Reading & Writing
 Reduced Reading/Writing Scores (Add information at Level I prerequisite)
 No Basic Skills Prerequisite (College-level Reading and Writing is not required.)

In addition to Basic Skills in Reading/Writing:

Level I (enforced in Banner)

Course	Grade	Test	Min. Score	Concurrent Enrollment <small>(Can be taken together)</small>	Corequisites <small>(Must be enrolled in this class also during the same semester)</small>
_____ YOG 101 _____	C	_____	_____	<input type="checkbox"/>	_____
<input type="checkbox"/> and <input type="checkbox"/> or _____	_____	_____	_____	<input type="checkbox"/>	_____
<input type="checkbox"/> and <input type="checkbox"/> or _____	_____	_____	_____	<input type="checkbox"/>	_____
<input type="checkbox"/> and <input type="checkbox"/> or _____	_____	_____	_____	<input type="checkbox"/>	_____

Level II (enforced by instructor on first day of class)

Course	Grade	Test	Min. Score
_____	_____	_____	_____
<input type="checkbox"/> and <input type="checkbox"/> or _____	_____	_____	_____
<input type="checkbox"/> and <input type="checkbox"/> or _____	_____	_____	_____

Enrollment restrictions (In addition to prerequisites, if applicable.)

- and or Consent required
 and or Admission to program required
 and or Other (please specify):
 Program: _____

Please send syllabus for transfer evaluation to:

Conditionally approved courses are not sent for evaluation.
 Insert course number and title you wish the course to transfer as.

- | | |
|--|---|
| <input type="checkbox"/> E.M.U. as _____ | <input type="checkbox"/> _____ as _____ |
| <input type="checkbox"/> U of M as _____ | <input type="checkbox"/> _____ as _____ |
| <input type="checkbox"/> _____ as _____ | <input type="checkbox"/> _____ as _____ |

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<p>Course YOG 102</p>	<p>Course title Yoga II</p>	
<p>Course description State the purpose and content of the course. Please limit to <u>500</u> characters.</p>	<p>This course is a continuation of the introduction and application of fundamental disciplines and postures in yoga.</p>	
<p>Course outcomes List skills and knowledge students will have after taking the course.</p> <p>Assessment method Indicate how student achievement in each outcome will be assessed to determine student achievement for purposes of course improvement.</p>	<p>Outcomes (applicable in all sections)</p> <ol style="list-style-type: none"> 1. Students will be able to articulate the basic yoga disciplines to a greater degree. 2. Students will be able to demonstrate more advanced application of basic yoga postures. 	<p>Assessment Methods for determining course effectiveness</p> <ol style="list-style-type: none"> 1. Department review of notebook created from in-class lecture and personal reflection regarding disciplines 2. Department review of videotape
<p>Course Objectives Indicate the objectives that support the course outcomes given above.</p> <p>Course Evaluations Indicate how instructors will determine the degree to which each objective is met for each student.</p>	<p>Objectives (applicable in all sections)</p> <ol style="list-style-type: none"> 1. Identify and explain in greater depth, five fundamental yoga disciplines <ul style="list-style-type: none"> * Yama (social practices) * Niyama (individual practices) * Pranayam (breath control) * Dhyana (meditation) * Dheana (concentration) 2. Demonstrate with more advanced form, ten fundamental poses <ul style="list-style-type: none"> * Seated * Twist * Inversion * Balancing * Side bending * Prone * Standing * Supine * Forward bending * Nip opening 	<p>Evaluation Methods for determining level of student performance of objectives</p> <ol style="list-style-type: none"> 1. In-class work 2. In-class work

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List all new resources needed for course, including library materials.

Student Materials:

List examples of types		Estimated costs
Texts	Text	\$ 20.00
Supplemental reading	Straps	\$ 10.00
Supplies	Yoga attire	\$ 20.00
Uniforms	Notebook	\$ 2.00
Equipment	Dance clothes	\$ 52.00 total
Tools		
Software		

Equipment/Facilities: Check all that apply. (All classrooms have overhead projectors and permanent screens.)

Check level only if the specified equipment is needed for all sections of a course.

<input type="checkbox"/> Level I classroom Permanent screen & overhead projector	<input type="checkbox"/> Off-Campus Sites
<input checked="" type="checkbox"/> Level II classroom Level I equipment plus TV/VCR	<input type="checkbox"/> Testing Center
<input type="checkbox"/> Level III classroom Level II equipment plus data projector, computer, faculty workstation	<input type="checkbox"/> Computer workstations/lab
	<input type="checkbox"/> ITV
	<input type="checkbox"/> TV/VCR
	<input type="checkbox"/> Data projector/computer
	<input checked="" type="checkbox"/> Other <u>Room ML 158 only</u>

Assessment plan:

Learning outcomes to be assessed (list from Page 3)	Assessment tool	When assessment will take place	Course section(s)/other population	Number students to be assessed
1. Students will have a more advanced working knowledge of basic yoga disciplines.	Notebook	Winter 2013 Every 3 years after	1 section	10-20
2. Students will be able to demonstrate more advanced application of basic yoga postures.	Videotape	Winter 2013 Every 3 years after	1 section	10-20

Scoring and analysis of assessment:

1. Indicate how the above assessment(s) will be scored and evaluated (e.g. departmentally developed rubric, external evaluation, other). Attach the rubric.

Departmentally-developed rubric.

2. Indicate the standard of success to be used for this assessment.

Seventy percent of all students score 60% or above on departmentally-developed rubric.

3. Indicate who will score and analyze the data.

Full-time Performing Arts faculty will blind score.

4. Explain the process for using assessment data to improve the course.

Tri-annual departmental discussion of analysis.